

# What you should know about: **LYME DISEASE**

## **Prevention**

Steps to prevent Lyme disease include using insect repellent, removing ticks promptly, and reducing tick habitat.

## **Transmission**

Lyme disease is spread through the bite of infected ticks. In most cases, the ticks that are attached 36 hours or more may transmit infection.

## **Signs and Symptoms**

Typical symptoms include fever, headache, fatigue, and a skin rash called erythema migrans (typically looks like a circular red “bullseye” rash).

## **Diagnosis**

Lyme disease is diagnosed by looking at signs and symptoms, likelihood of exposure to an infected tick, illnesses with similar symptoms, and lab tests if needed.

## **Treatment**

Early diagnosis and proper antibiotic treatment of Lyme disease is important and can help prevent complications. Most cases of Lyme disease can be treated successfully.



**LakeCounty**

Health Department and  
Community Health Center

**For more information, visit:  
[cdc.gov/lyme/index.html](https://www.cdc.gov/lyme/index.html)**